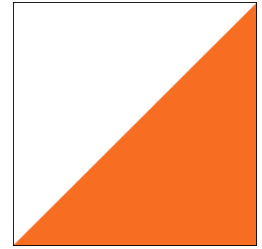


# Welcome to our Orienteering Course



Orienteering is an activity that requires the participants to navigate with a map and compass through unknown terrain to find certain checkpoints marked with the orange-white orienteering symbol.

## **Guide for Beginners or Casual Users:**

**Step 1** – Gather a Compass, Protractor, and Printed copy of the Participant Map for your course. If you don't have a printed copy, take a picture of the map on the Kiosk.

**Step 2** – Decide if you want to navigate the complete course, or just a smaller number of control points. Remember your choices.

**Step 3** – Find your pace count using the Pace Count set up by Kettle Run Road East Trail Head Kiosk. Then head to your starting point shown on the map.

**Step 4** – Follow Steps 3, 5, 6, 7, & 8 in the Advanced Instructions, or alternately just use your compass to navigate from point to point as shown below. Use steps 3, 7, & 8 in the Advanced Instructions if needed.

**Step 6** – Continue the process until you complete your course.

For additional information, visit <https://blackrun.org/resources/orienteering-course/>